

20 TIPS FOR SAFE DRIVING



01.

Never drink and drive.

Always wear a seat belt.

02.



03.

Always wear your prescribed glasses or contacts.

Avoid distractions while driving (phone, eating, pets).

04.

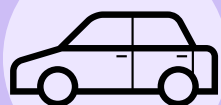
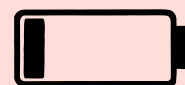


05.

Avoid driving when taking medications that affect your ability to drive.

Do not drive when you are tired. Avoid driving for long periods of time.

06.

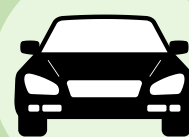


07.

Keep your car properly maintained, have plenty of gas, and keep lights, windshields and mirrors clean.

Make sure your vehicle has a comfortable fit, provides maximum visibility and little physical strain. Visit a CarFit event.

08.



09.

Make sure all children are appropriately restrained in the backseat, whether they are in a booster, carseat, etc.

Always look twice before turning, especially at intersections.

10.



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11.

Always check your blind spots before merging or changing lanes.

Always put on your turn signal before turning.



12.



13.

Make sure you increase your following distance in bad weather.

When approaching a cross walk, make sure to drive slowly. Be prepared to stop.



14.



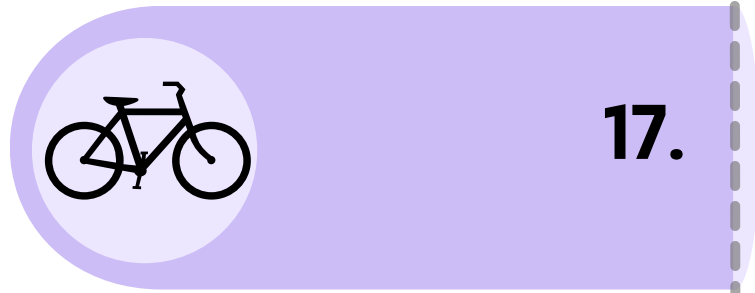
15.

When another vehicle is stopped for pedestrians, do not pass them.

When stopping for pedestrians, make sure to stop far in advance to make sure other know to stop.



16.



17.

When passing a bicycle, make sure to keep at least 3 feet distance.

Make sure to always keep an eye out for pedestrians or cyclists.



18.



19.

Make sure to give yourself extra time by leaving four seconds between your car and motorcycles.

Do not share lanes with motorcycles. Give a full lane to them when passing.



20.

Reference:

Michigan Office of Highway Safety Planning and the U.S Department of Transportation. (2019, July). Michigan's Guide for Aging Drivers and their families. https://www.michigan.gov/-/media/Project/Websites/agingdriver/Michigans_Guide_For_Aging_Drivers_and_Their_Families_SOS_194.pdf?rev=acba11b58cc74e6189b8e5c7a9947d0a